



ADHD Community Workshop

Understanding ADHD in the Home, School and Workplace

PRESENTERS:

Judy van Stralen MD, FRCPC

Dr. van Stralen is a community-based consulting pediatrician. She completed her medical degree at McMaster University and pediatric residency training at Queen's University. Dr. van Stralen is the founder and medical director of the Center for Pediatric Excellence, a multi-disciplinary clinic focused on treating patients with mental health and neurodevelopmental disorders.

Maria A. Rogers Ph.D., C.Psych

Dr. Rogers is an Associate Professor, Clinical Psychologist, and Director of the ADHD and Development Lab at the University of Ottawa. She is also an Affiliate Investigator at the Children's Hospital of Eastern Ontario. Dr. Rogers' broad interests are in the social-emotional and academic development of youth with ADHD across the childhood and adolescent period

COST: \$30:00 (Box Lunch Included)

For more information and to Register

www.caddac.ca

Ottawa Workshop

Saturday May 4th, 2019
9am to 4pm

**University of Ottawa, Desmarais
Hall, DMS 12102, 55 Laurier
Avenue East, Ottawa**

This workshop is geared to:

- Parents and Educators
- Adults and Adolescents with ADHD and their families
- Mental Health Professionals

Topics:

- **It can't just be ADHD? The surprise packages that come with it?**
- **Relationships Matter: Building Positive Relationships in the Context of ADHD**
- **Going to School with ADHD**
- **Understanding ADHD in the Workplace Strengths and Impairments**
- **ADHD and Anxiety**
- **Adult ADHD and the Family**

